

Vitex negundo L. LAGUNDI LEAF

Plemex[®] For
KIDS

ANTI-COUGH / ANTI-ASTHMA

300 mg / 5 mL SYRUP

PATIENT INFORMATION LEAFLET

NAME OF PRODUCT:

PLEMEX For Kids Syrup

DESCRIPTION OF THE PRODUCT:

Plemex For Kids 300 mg / 5 mL Syrup (60 mL & 120 mL)

(Banana Flavor and Orange Flavor)

WHAT IS IN THE MEDICINE?

Syrup contains extract from *Vitex negundo L.* (dried Lagundi leaves).

STRENGTH OF THE MEDICINE:

300 mg / 5 mL

WHAT IS THIS MEDICINE USED FOR?

For relief of cough due to common colds, flu and mild to moderate acute bronchitis.

For relief of reversible, mild to moderate bronchospasm ("rescue medication") in adults and children 2 years of age and older with obstructive airway disease such as asthma, chronic bronchitis and other bronchopulmonary disorders. Expectorant.

HOW MUCH AND HOW OFTEN SHOULD YOU USE

THIS MEDICINE: Orally

Plemex For Kids 300 mg/5 mL Syrup (60 mL & 120 mL)

CHILDREN:

2-4 years old (10-15.5 kg): 1/2 tsp. three times a day

5-6 years old (15.5-20 kg): 1 tsp. three times a day

7-12 years old (20-40 kg): 1 tsp. every 4 hours

Children over 40 kg body weight: 2 tsp., 2-3 times a day or as prescribed by a physician.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?

If you are allergic to *Vitex negundo L.* (Lagundi) plants. Safety among pregnant and lactating women has not been studied.

CARE THAT SHOULD BE TAKEN WHEN TAKING

THIS MEDICINE:

- Do not take more than the recommended dose.
- Do not use after the expiry date on the label.

UNDESIRABLE EFFECT OF THIS MEDICINE:

None were reported in the clinical trials for the syrup.

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?

This product is not expected to interact with food or other medicines.

WHAT SHOULD YOU DO IF YOU MISSED A DOSE?

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose.

SIGNS AND SYMPTOMS OF OVERDOSE:

None were reported in the clinical trials for the syrup.

Pharmacologic Studies:

In a study conducted at the UP College of Pharmacy, Lagundi extract has been observed to inhibit the release of Leukotrienes (a mediator in the inflammatory process) from the mast cells.

Clinical Studies:

Numerous Randomized Double Blind Controlled Clinical Trials (Phase I to Phase IV) conducted at the PGH and various identified health centers in the Philippines, showed that Lagundi Syrup is effective in relieving acute cough of mild and moderate severity among children and adult.

WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?

If you take more than the recommended dosage, consult a physician.

HOW SHOULD YOU KEEP THIS MEDICINE?

Store at temperature not exceeding 30°C.

Keep out of reach of children.

Avoid exposure to direct sunlight.

Shake well before using.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?

- If any undesirable effects occur.
- No relief after prescribed days of administration.

MANUFACTURED FOR:

TREVENODD CORPORATION

Unit 608-B Regalia Park Tower, 150 P. Tuazon, Cubao, Quezon City, Metro Manila

MANUFACTURED BY:

HIZON LABORATORIES, INC.

Assumption Road, Sumulong Highway, Antipolo City

ADR REPORTING STATEMENT:

- For suspected adverse drug reaction, report to the FDA: www.fda.gov.ph
- Patient should seek medical attention immediately at the first sign of any adverse drug reaction.

FDA REGISTRATION NUMBER:

Plemex For Kids (Banana Flavor) 60 mL & 120 mL : HMR-184

Plemex For Kids (Orange Flavor) 60 mL & 120 mL : HMR-183

DATE OF FIRST AUTHORIZATION:

Plemex 300 mg / 5 mL Syrup (Banana): February 26, 2026

Plemex 300 mg / 5 mL Syrup (Orange): February 26, 2026

DATE OF RENEWAL OF AUTHORIZATION:

Plemex 300 mg / 5 mL Syrup (Banana): February 26, 2031

Plemex 300 mg / 5 mL Syrup (Orange): February 26, 2031

DATE OF REVISION OF PIL:

Plemex 300 mg / 5 mL Syrup (Banana): New

Plemex 300 mg / 5 mL Syrup (Orange): New