

ASCORBIC ACID + ZINC

GEN-CEE® PLUS

500 mg / 12 mg Capsule
VITAMIN and MINERAL

PATIENT INFORMATION LEAFLET

NAME OF THE PRODUCT:

GEN-CEE PLUS

STRENGTH OF THE MEDICINE:

500 mg / 12 mg Capsule

DESCRIPTION OF THE PRODUCT:

This product is a yellowish to brown crystalline powder contained in an orange body / orange cap capsule #0 EGC.

WHAT IS IN THE MEDICINE?

Ascorbic Acid.....500 mg
(equivalent to 562.5 mg Sodium Ascorbate)

Zinc.....12mg
(equivalent to 32.93 mg Zinc Sulfate Monohydrate)

WHAT IS THIS MEDICINE USED FOR?

This nutritional supplement is for the treatment and prevention of Vitamin C and Zinc deficiencies.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?

Orally. One capsule once a day or as prescribed by a physician.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?

If you are allergic to any component of the product.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE:

- Ask the doctor before use if you are on a sodium restricted diet.
- Do not take more than the recommended dose.
- Do not use after the expiry date on the label.

UNDESIRABLE EFFECTS:**• Vitamin C**

is usually well tolerated. However, nausea, vomiting, heartburn, abdominal cramps, fatigue, flushing, insomnia and sleepiness have been reported with high doses of Vitamin C, particularly Ascorbic Acid (i.e., 1 g or more daily).

• Zinc

Gastrointestinal side effects such as nausea and vomiting are seen with doses of elemental zinc greater than 30 mg.

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?

The amount of nutrients in the product is not expected to interact with food or other medicines.

WHAT SHOULD YOU DO IF YOU MISSED A DOSE?

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not take extra medicine to make up the missed dose.

SIGNS AND SYMPTOMS OF OVERDOSE:**• Vitamin C**

Prolonged intake of Vitamin C in excess of 2 g / day may lead to nausea, abdominal cramps, diarrhea and nose bleeds.

• Zinc

Rare occurrences of acute zinc poisoning have been reported. The toxicity signs observed after ingestion of high doses (4 to 6 grams) include nausea, vomiting, diarrhea, fever, metallic taste and lethargy (sleepiness).

WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?

If you take more than the recommended dosage and is feeling any symptoms of suspected drug overdose, consult a physician.

HOW SHOULD YOU KEEP THIS MEDICINE?

Store at temperatures not exceeding 30°C.

Keep out of reach of children.

Avoid exposure to direct sunlight.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?

If any undesirable effect occurs.

If also taking other medications.

Pregnant and lactating mothers.

AVAILABILITY:

Blister pack x 10's

(Box of 100's)

ADR REPORTING STATEMENT:

- For suspected adverse drug reaction, report to the FDA: www.fda.gov.ph
- Patient should seek medical attention immediately at the first sign of any adverse drug reaction.

REGISTRATION NUMBER:

FDA Reg. No. DR-XY49402

DATE OF FIRST AUTHORIZATION:

May 22, 2025

DATE OF RENEWAL OF AUTHORIZATION:

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DATE OF REVISION:

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